



## Unit Provision: 4B PSHE Curriculum Learning Journey 2021 – 2022

<b>Term 1</b>	Welcome back	<ul style="list-style-type: none"> <li>- Welcome back</li> <li>- Class rules</li> <li>- Staying safe online</li> <li>- Online gaming, grooming and addiction</li> <li>- Avoiding gangs and criminal behaviour</li> </ul>
<b>Term 2</b>	Relationships Education	<ul style="list-style-type: none"> <li>- Communicating online</li> <li>- Cyberbullying</li> <li>- Harmful content and contact</li> <li>- Hurtful behaviour</li> <li>- Secrets</li> </ul>
<b>Term 3</b>	Health and Wellbeing	<ul style="list-style-type: none"> <li>- Allergies</li> <li>- Germs and illness</li> <li>- Vaccinations</li> <li>- Drugs and medicines</li> <li>- Habits and addiction</li> </ul>
<b>Term 4</b>	Living in the Wider World	<ul style="list-style-type: none"> <li>- Value for money</li> <li>- Responsible spending</li> <li>- Keeping track of money</li> <li>- Gambling and risk</li> <li>- What is advertising</li> </ul>
<b>Term 5</b>	Relationships Education	<ul style="list-style-type: none"> <li>- Committed relationships</li> <li>- Honesty and trust</li> <li>- Positive friendships</li> <li>- Risks, dares and challenges</li> <li>- Respecting our differences</li> </ul>
<b>Term 6</b>	Health and Wellbeing	<ul style="list-style-type: none"> <li>- Staying healthy</li> <li>- Starting to grow up: girls</li> <li>- Starting to grow up: boys</li> <li>- Changing emotions</li> <li>- Personal hygiene</li> </ul>

### **Big Ideas:**

Relationships Education  
Health & Wellbeing  
Living in the Wider World

### **Individual Need:**

Students will access varying amounts of the big ideas content dependent on individual need