

## Dance Curriculum Road Story 2022-23 Key stage 4

Year  
10

### T1: Theme 1 and 2 Performance, technique and choreography

- . Participation in techniques classes and develop their skills in both physical and interpretive techniques.
- . Physical skills – Posture, alignment, coordination, balance, stamina and strength
- . Interpretive skills: Focus, projection, extension, dynamics, musicality
- Stylistic qualities of Contemporary: High kicks, isolation movements, facial expressions, arm movements, leg positioning
- . reflect and set SMART targets to develop their own learning.
- . Planning and preparation
- . Motif and developments
- . Structuring a dance



### T2: Theme 1 and 2 Performance, Technique and Choreography

- . More intensive dance technique classes, developing skills from term 1
- Rehearsals of set dance for accuracy of movement, rhythm and performance skills
- Choreography skills looking at varied stimuli and stating points.



### T3: Theme 1 Performance

Exam set by board -work on a learning a set performance piece.



### T4: Theme 1: Performance and Analysis

Perform the set work showing technical and performance skills developed from previous three terms.

Evaluate strengths and areas for development from rehearsals and performance.



### T5: Theme 2: Choreography

- Study of works in preparation for Unit 1 set task in year 11
- Study of a variety of works with different themes and from different genres.



### T6: Theme 2:

- . Completion of any choreographic tasks as required.

### Big Ideas:

- Performance /Jazz Skills
- Choreographic skills

