BTEC TECH AWARD IN SPORT







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At CBA we study the BTEC Tech Award in Sport.

This course provides excellent preparation for careers within the sport and fitness industry and can support entry into higher education. Lessons will be mainly theory and, wherever possible, the underpinning theory will also be demonstrated in a practical context.

There will be a variety of assessment methods used including presentations, internal assessment tasks and external examinations.

BTEC Tech Award are an alternative to GCSE PE and are accepted as an entry requirement for 6th form and colleges.

The course we offer is equivalent to one GCSE and has pass grades of Pass, Merit, Distinction and a starred Distinction.







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TO STUDY BTEC IN SPORT

- You must be committed to the subject and be prepared to participate in physical activity, fitness testing, coaching and lead other pupils.
- You must be prepared to develop your understanding of the theoretical aspects of sport science.
 - You must have the ability to self-motivate and work independently on the completion of assignments.

WHAT WILL I STUDY?

There are three units of study over the two years:

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Students will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity

During component 1 students will:

- Explore types and provision of sport and physical activity for different types of participants
- Examine equipment and technology required for participants to use when taking part in sport and physical

activity

• Be able to prepare participants to take part in sport and physical activity







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WHAT WILL I STUDY?

There are three units of study over the two years:

Component 2: Taking Part and Improving Other Participants Sporting Performance

Students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.

During component 2 students will:

- Understand how different components of fitness are used in different physical activities
- Be able to participate in sport and understand the roles and responsibilities of officials
 - Demonstrate ways to improve participants sporting techniques

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

Students will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.

During component 3 students will study:

• components of fitness, fitness tests, training

Further information: The course is designed to cater for all levels of ability; however it is essential that all pupils choosing the subject show a committed approach to participation in all activities. Pupils will also be required to wear school PE kit.







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WHAT CAN I DO WITH MY BTEC QUALIFICATION?

A BTEC Tech Award in Sport will allow you to develop transferable and higher-order skills that are highly regarded for both further education courses and employment. Strong skills include teamwork, leadership, performance analysis, resilience, evaluation, analysis and synthesising concepts.

This qualification will support entry on to courses in a wide range of disciplines, depending on the subjects taken alongside.

These can include: • Sport Studies • Sport Psychology • Sport in Education and Special and Inclusive Education • Sport and Exercise Science Sports Coaching

For more information or if you have any questions about the BTEC specification , please do not hesitate to contact Mr Patrick Hallam - Head of Physical Education

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