

Unit Provision 3B: Intervention Curriculum Learning Journey 2022 – 2023

Term 1	Self-help / social skills and independence (independence)	<ul style="list-style-type: none"> - Tying shoe laces - Tying ties - Buttons - Fine motor tasks - Playing together/working together - Personal hygiene – (handwashing)
Term 2	Swimming (Gross Motor Skills)	<ul style="list-style-type: none"> - Gross motor skills - Dressing and undressing - Following safety instructions - Accessing community - Water safety
Term 3	Emotional literacy (Social Emotional Mental Health)	<ul style="list-style-type: none"> - Zones of regulation - Promoting self-regulation - Identifying personal emotional triggers - Coping strategies
Term 4	Bespoke – including communication skills	<ul style="list-style-type: none"> - Speaking and listening activities - Trust activities - Lego therapy - Building self-esteem and confidence - Social skills
Term 5	Commando / Nature studies (Communication, teamwork and problem solving)	<ul style="list-style-type: none"> - Team building - Safety skills - First aid - Outdoor food skills - Outdoor activities - Building shelters - Making hot drinks
Term 6	Community (Life and social skills)	<ul style="list-style-type: none"> - Road safety - Stranger danger and identifying 'safer' adults - Anti-social behaviour and avoiding it! - Problem solving - Time keeping - Shopping skills - Country Parks – enjoying leisure facilities - Café including reading menus and ordering - Social skills and behaviours

Big Ideas:

Focused support for life-long learning tasks to promote well-rounded, responsible and independent individuals.

Individual Need:

Students will access big ideas content tailored to their individual needs.