

Unit Provision 4C Vocational – Childcare Curriculum Learning Journey 2022 – 2023

Term 1, 2 & 3	Understand that some people cannot, or do not, eat certain foods.	<ul style="list-style-type: none"> - Identify two food allergies. - Identify the effects of these food allergies. - Identify two religious/cultural rules in relation to food
	Understand what constitutes a balanced diet for a child/young person	<ul style="list-style-type: none"> - Identify the main nutrients needed by a child/young person - Identify, from a given range, examples of foods that contain these main nutrients - Identify, from given sets, the main nutrients and their basic functions - Design nutritious menus for children and/or young people of at least two different ages
	Be able to prepare nutritious food, safely and hygienically, taking account of Health and Safety regulation.	<ul style="list-style-type: none"> - Demonstrate how to prepare a nutritious meal for a child and/or young person safely and hygienically
	Be able to store food safely and hygienically.	<ul style="list-style-type: none"> - Demonstrate how one item of cooked food and one item of fresh food should be stored
	Know how to present food in a way that is attractive to children and young people	<ul style="list-style-type: none"> - State two ways to present food in a way that is attractive to children/young people (for example, use menus and illustrations to show how colour, texture, taste and smell can contribute to presenting attractive food)
Term 3, 4 & 5	Understand the uses of craft activities	<ul style="list-style-type: none"> - State some reasons for using craft activities with a child/young person - Identify some of the factors to be considered when choosing activities
	Know about appropriate craft techniques for children/young people.	<ul style="list-style-type: none"> - Identify appropriate and inappropriate techniques for the child/young person
	Be aware of the safety factors necessary in craft activities	<ul style="list-style-type: none"> - Produce written evidence of investigation into safety aspects such as use of materials, design, material standards for toy safety
	Be able to plan and organise an appropriate craft activity for a	<ul style="list-style-type: none"> - Select a craft activity for the child/young person - Produce a plan for carrying out the activity, identifying time needed, materials needed and the techniques which will be used



Quality of Education

	child/young person.	<ul style="list-style-type: none">- Identify appropriate safety aspects in relation to the planned craft activity- Produce an item using the planned craft activity.- Reflect on the appropriateness of the chosen activity for the child/young person
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Big Ideas:

Preparing Nutritious Food for Children and Young People

Using Craft Activities with Children and Young People