



Unit Provision 3C: PSHE Curriculum Learning Journey 2022 – 2023

Term 1	Living in the wider world	<ul style="list-style-type: none"> - Welcome Back - Internet and screen time - Age restrictions - Careers and stereotypes - Fake news - Fireworks and Bonfire
Term 2	Health & Wellbeing	<ul style="list-style-type: none"> - Understanding our emotions - Feelings, emotions and vocabulary. - Mental health and signs of illness. - Physical health and signs of illness - FGM Introduction. - Addressing misconceptions
Term 3	Relationship Education	<ul style="list-style-type: none"> - Helping out with babies - Gender identity and LGBTQ introduction - Self-esteem and self-worth - Online behaviour and risks - Stranger danger
Term 4	Living in the wider world	<ul style="list-style-type: none"> - Healthy Habits - Sleep Hygiene - Sun Safety - First Aid (Double lesson) - Addressing misconceptions
Term 5	Health and Wellbeing	<ul style="list-style-type: none"> - Success and achievement - Independence and responsibility - Courtesy and manners - Change, grief and loss - The environment and climate change - Addressing misconceptions
Term 6	Relationship Education	<ul style="list-style-type: none"> - Behaviour and respect - Friendships and feeling left out - Friendships - Peer pressure - Loving, stable and secure families - Addressing misconceptions - Celebration

Big Ideas:

Relationships Education
Health & Wellbeing
Living in the wider world

Individual Need:

Students will access varying amounts of the big ideas content dependent on individual need