



Unit Provision 4C: PSHE Curriculum Learning Journey 2022-2023

Term 1	Welcome back	<ul style="list-style-type: none"> - Welcome back - Internet and screen time - Age restrictions - Careers and stereotypes - Fake news - Fireworks and Bonfire
Term 2	Health & Wellbeing	<ul style="list-style-type: none"> - Understanding our emotions - Feelings, emotions and vocabulary. - Mental health and signs of illness. - Physical health and signs of illness - FGM
Term 3	Relationships Education	<ul style="list-style-type: none"> - Helping out with babies - Gender identity and LGBTQ - Self-esteem and self-worth - Online behaviour and risks - Stranger danger
Term 4	Living in the wider world	<ul style="list-style-type: none"> - Healthy Habits - Sleep Hygiene - Sun Safety - First Aid
Term 5	Health & Wellbeing	<ul style="list-style-type: none"> - Success and achievement - Independence and responsibility - Courtesy and manners - Change, grief and loss - The environment and climate change
Term 6	Relationships Education	<ul style="list-style-type: none"> - Behaviour and respect - Friendships and feeling left out - Friendships - Peer pressure - Loving, stable and secure families

Big Ideas:

Relationships Education
Living in the wider world
Health & Wellbeing

Individual Need:

Students will access varying amounts of the big ideas content dependent on individual need