

Unit Provision KS5: Independent Living Curriculum Learning Journey 2022 - 2023

Term 1	'All About Me' Target Setting	<ul style="list-style-type: none"> - Personal qualities - Personal strengths - Priority areas for self-improvement - Target setting
Term 2	Looking After Yourself and Your Home Personal Hygiene	<ul style="list-style-type: none"> - Main areas of looking after yourself - Main areas of looking after a home - Areas for self-development to promote independent living - Signposting for guidance and advice - Personal hygiene routines - Personal hygiene products - Clothes
Term 3	Safety in the Home Oral Health	<ul style="list-style-type: none"> - Potential risks to the home - Ways of protecting the home - Emergency situations - The Fire Service - The Ambulance Service - Importance of oral health - Oral health products - Practical sessions on brushing teeth
Term 4	Personal Safety	<ul style="list-style-type: none"> - The Police Service - Staying safe from other people's behaviour
Term 5	Eating Out	<ul style="list-style-type: none"> - Eating establishments - Types of food - Etiquette - Menu choices - Using money
Term 6	Eating Out	<ul style="list-style-type: none"> - Buying drinks - Buying snacks - Participation in a group meal out - Picnics

Big Ideas:

NOCN Using Employability Skills
Action Planning to Improve Performance

NOCN Independent Living: Looking After Yourself
and Your Home
Looking After Yourself and Your Home
Personal Care and Hygiene
Personal Safety
Eating Out

ASDAN Personal Progress

Individual Need:

Students will access varying amounts of the big ideas content dependent on individual need.

Students will complete all units relevant to their accreditation.



Quality of Education

Developing Independent Living Skills: Keeping Safe Understanding What Money is Used For	
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