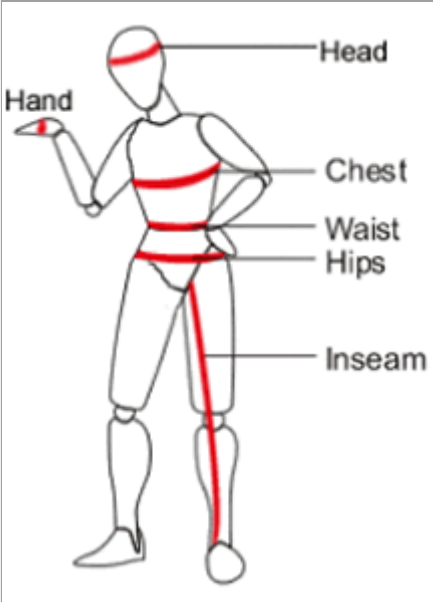


## Cadet Uniform Sizing Guide

The British Army is fully metric in their uniform measurements all sizes are in centimetres. You may see sizes like 180/96 in jackets or tunics or 80/80/96 in trousers or full fitting dress uniforms.

JACKETS / SHIRTS /SMOCKS: A size like 190/112 is read ~ 190cm height 112cm chest

TROUSERS: A size like 80/88/104 is read ~ 80cm leg 88cm waist 104cm seat

	<b>Chest/Bust:</b> Measure over clothing to be worn. Measure around the fullest part of the chest or bust, under arms and around shoulder blades. Keep tape straight and level.
	<b>Waist:</b> Measure around natural waist line above hip bones. Don't hold your breath.
	<b>Hips:</b> Measure around the fullest part of the hips.
	<b>Inseam:</b> Measure from the base of the crotch seam to the top of the shoe to be worn.
	<b>Head:</b> Measure around the Head approx 1 inch above the eyebrows.
	<b>Hand:</b> Measure around the hand just above the base of the thumb. (NOT REQUIRED)

NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

ACADEMY: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ cm

SHOE SIZE: \_\_\_\_\_ UK

CHEST/BUST: \_\_\_\_\_ cm

WAIST: \_\_\_\_\_ cm

HIPS: \_\_\_\_\_ cm

INSEAM: \_\_\_\_\_ cm

HEAD: \_\_\_\_\_ cm