



## Homework Policy

### Subject area: Physical Education

#### **The purpose of homework within the physical education department**

The purpose of homework is to further enhance students understanding and application of subject knowledge, improving achievement and developing students study skills for the future and as such is an integral part of the physical education curriculum.

#### **Homework within physical education enables students to:**

- Consolidate and extend work covered in class and so deeply embeds knowledge
- Prepare for new learning activities
- Access resources not available in the classroom
- Develop research skills
- Have an opportunity for independent work
- Show progress and understanding
- Enhance students study skills e.g. planning, time management and self - discipline
- Take ownership and responsibility for their own learning
- Promotes enjoyment of learning



## **The amount of homework:**

<b>Subject:</b>	<b>Year</b>	<b>Amount of time allocated for physical education homework every two weeks at Corby Business Academy:</b>
<b>Physical Education BTEC/Tech</b>	<b>10/11</b>	<b>30 minutes</b>

## **Years 10/11 BTEC/Tech:**

It is an expectation that all students studying BTEC/Tech Sport will spend a minimum of 30 minutes every two weeks on home work. The key focus is to develop further extended knowledge, so that students are able to explain and analyse relevant subject topics to enhance assessment performance.



## **Types of homework**

### **Homework within physical education might include things like:**

- Mind maps with key knowledge prompts
- Key definitions to revise
- Flash cards
- AQA work book tasks
- Q and A Topic related to the topic being taught in that week
- Past papers questions focusing on 6/8-mark exam questions
- Multiple choice quizzes

### **Homework topics students will be working on include:**

#### **BTEC/Tech:**

- Fitness for sport and exercise
- Practical sports
- Applying the principles of personal training
- Leading sports activities

## **Non-completion of homework:**

- If homework is not completed on time, students' parents will receive a text message home.
- If homework is not completed on multiple occasions, this will result in a session 6 after school to ensure students catch up on their learning. This will be on a Tuesday after school.

## **Parents/Carers roles in Homework:**

The parents/carers roles in homework are primarily encourage independence through giving students a clear work space area at home. Encourage their child to meet homework deadlines and promote the importance of homework.



## **Students responsibility:**

- Students need to record the homework
- Students need to meet the homework deadline
- Problems with homework should be resolved before the deadline
- Students should take pride in their homework and do their best