



Books for big change:

transition to secondary school



Going to secondary school is a big change, and it's natural to feel nervous, excited, or just confused! Here are our favourite books that tackle the theme of big change.

10 top picks

Fiction

- When Secrets Set Sail by Sita Brahmachari: a magical and moving adventure story about unlocking stories and secrets of the past.
- The Gifted, The Talented, and Me by William Sutcliffe: a brilliantly funny book about fitting in, falling out and staying true to your own averageness.
- *Jelly* by Jo Cotterill: a real-world story about body positivity, humour as self-defence, and celebrating who you are.
- Arctic Star by Tom Palmer: a gripping story of courage and survival about three young Royal Navy recruits on their first mission.

Graphic novels

- Frankie's World by Aoife Dooley: A two-colour graphic novel offering a unique perspective on Autism, told with humour and heart.
- Amulet by Kazu Kibuishi: a world of man-eating demons, a mechanical rabbit, a giant robot, and two ordinary children on a lifeor-death mission.

Non-fiction

- You are Awesome by Matthew Syed and Toby Triumph: Practical, insightful and positive, this is the book to help you build resilience and embrace your mistakes.
- You are a Champion by Marcus Rashford and Carl Anka: The nation's favourite footballer shows how you can achieve your dreams, in this positive and inspiring guide for life.

Poetry

- Rhythm and Poetry by Karl Nova: a beautiful and powerful collection of poems inspired by rap and hip hop, that reflect on Karl's journey.
- Rising stars: new young voices in poetry by various: An anthology showcasing the work of five debut poets from diverse backgrounds, all aged 25 and under.



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More books

There are so many great books that tackle big changes! You can find these in the local library.

Fiction

- How I Saved the World in a Week by Polly Ho Yen
- Asha and the Spirit Bird by Jasbinder Bilan
- Goldfish Boy by Lisa Thompson
- October, October by Katya Balen
- Wonder by R. J. Palacio
- Me, My Dad and the End of the Rainbow by Benjamin Dean
- All the Things That Could go Wrong by Stewart Forster
- The Thirteenth Home of Noah Bradley by Amber Lee Dodd
- The Unforgotten Coat by Frank Cottrell-Boyce
- Can You See Me? by Libby Scott and Rebecca Westcott
- Running on Empty by S. E. Durrant
- The Amazing Edie Eckhart by Rosie Jones
- When I See Blue by Lily Bailey
- My Brother Ben by Peter Canvas
- Splash by Charli Howard

Graphic Novels

- Guts by Raina Telgemeier
- The Arrival by Shaun Tan
- Has Anyone Seen Archie Ebbs? By Simon Packham
- When Stars Are Scattered by Victoria Jamieson and Omar Mohamed
- New Kid by Jerry Craft
- City of Dragons: The Awakening Storm by Jaimal Yogis & Vivian Truong

Non-Fiction

- Love Your Body by Jessica Sanders and Carol Rosetti
- Be Resilient: How to Build a Strong Teenage Mind for Tough Times by Nicola Morgan
- Go Big: The Secondary School Survival Guide by Matthew Burton

Poetry

- Poetry for a Change by various
- She is Fierce by various
- Everything All at Once by Stephen Camden
- A Hurricane in my Head by Matt Abbott

